

## DISCUSSION QUESTIONS

### A Resolve to Believe

by Karen Loritts (True Woman '08)

1. Karen didn't tell anyone about her fear for a while. Why not? What eventually made her decide to tell her friends and husband?
2. Karen thought she was prepared for her daughter to leave for college, but still fear crept up on her. How did she eventually respond?
3. Is there something you're afraid to admit to anyone? How does the Gospel give you the freedom to be real about your inadequacies and sin?
4. Karen said that she felt all alone when her baby went off to college, and she thought, I'm no longer a mother anymore. What relationship or position do you find yourself basing your identity on?
5. Which of Karen's "fear buddies" have you encountered personally? What has helped you in overcoming fear?
6. What did Karen mean when she said, "Instead of listening to myself, I started talking to myself"? What are practical ways that you and I can be sure that we're talking to ourselves and to God?