



# Pathway for Contentment (Answer Key)

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## Discontentment—A Murmuring Heart

### 1. Its Characteristics

Whine rather than worship  
Discontented with what they have  
Fueled by comparisons  
Doubts God's goodness and love  
Forgets God's past provisions  
Rejects God's plan

### 2. Its "Causes"

When we have what we don't want or don't have what we want  
Things  
People  
Circumstances

### 3. Its Consequences

Robs us of joy  
God's presence departs  
Discouragement, depression, despair  
Vulnerable to sin  
Gives the world a wrong opinion about God

# Contentment—An Alternative to a Murmuring Heart

Christian contentment is that sweet, inward, quiet, gracious frame of spirit, which freely submits to and delights in God's wise and fatherly disposal in every condition. ~Jeremiah Burroughs

## Characteristics of a Contented Heart

1. A thankful or grateful heart.
2. A trusting heart.
3. A submissive or surrendered heart.
4. A selfless heart.
5. A God-centered heart.

*“Lord, I would clasp Thy hand in mine, nor ever murmur nor repine, content, whatever lot I see, since 'tis Thy hand that leadeth me.” ~ Joseph Gilmore*